



**THE HEALTH
AWARENESS CENTRE**



Tanay: 9158118569

Call to place an order **11am - 5pm (Mon-Sat)**

Ladoos (HALF KG)

MRP

Coconut Ladoo

₹ 550

Crushed Peanut Powder Ladoo

₹ 475

Mixnut Ladoo

₹ 499

Peanut Ladoo

₹ 450

Til Ladoo

₹ 525

Spices

MRP

Dry Ginger Powder (100 gm)

₹ 150

Cinnamon Powder (10 gm)

₹ 75

Herb Salt (150 gm)

₹ 195

Sabja Seeds (100 gm)

₹ 130

Pure Turmeric (100 gm)

₹ 130

Price Inclusive of GST

Wet Dressings **(200-225 ml)**

MRP

1000 Island Dressing	₹ 300
Creamy Pesto Dressing	₹ 300
Nutty Pesto Dressing	₹ 300
Cashew Herb Dressing	₹ 300
Cashew Honey Mustard Dressing	₹ 300
Oriental Sesame Dressing	₹ 300
Peanut Sauce (Gado-Gado)	₹ 220
Thai Peanut Sauce	₹ 250
Peanut Curd	₹ 160
Lemon Jaggery Dressing	₹ 240
Lemon Honey Dressing	₹ 280

Price Inclusive of GST

Khatta Meetha Chutney	₹ 150
Garlic Chilli Paste	₹ 150
Tomato Sauce	₹ 170
Kadipatta Chutney	₹ 180
Seasonal Green Chutney	₹ 125
Lemon Pickle	₹ 150
Sweet Mango Chutney (Seasonal)	₹ 150

Dry Chutney Powders MRP **(150 gms)**

Molgapodi	₹ 175
Dry Peanut Powder	₹ 200

Vada Pav Chutney

₹ 225

Gomasio

₹ 220

Saraswat Chutney

₹ 210

Tangy Coconut Masala

₹ 200

Nut & Seed Powder

₹ 300

**Flour/Attas
(HALF KG)**

MRP

Whole Moong Atta

₹ 150

Whole Chauli Atta

₹ 140

Whole Brown Channa Atta

₹ 140

Nachni Atta

₹ 100

Sama Atta

₹ 140

Rice Atta

₹ 80

Price Inclusive of GST

Sweetners

MRP

Honey - (500 ml)

₹ 400

Wild honey - (200 ml)

₹ 300

Two Brothers Jaggery
Powder- (500 gms)

₹ 150

Cereals

MRP

Sama

₹ 100

Organic Indrayani Brown Rice
(1 kg)

₹ 100

Others

MRP

Aloo Papad (1 kg) **(New)**

₹ 550

Price Inclusive of GST

Personal Care

MRP

Virgin Coconut Oil (500 ml)	₹ 500
Rose Water - (200 ml)	₹ 175
Alogel (100 gm)	₹ 150
Auroshikha Soaps (12 Varieties)	₹ 118
Camphor Roll on Balm	₹ 150
Noni - 800 ml	₹ 1600
Noni - 400 ml	₹ 800
Ice Bags	₹ 175
Apricot Scrub (100 gm)	₹ 150
Apricot Oil (125 ml)	₹ 275

Price Inclusive of GST

3-in-One-Moisturiser
(Skin-Lip-Hair)
10 Fragrances (100 gm)

₹ 499

Massage Oil Peppermint &
Eucalyptus - (60 ml)

₹ 224

Massage Oil Lavender - (60 ml)

₹ 310

Massage Oil Lemongrass - (60 ml)

₹ 220

Auroshikha

Essential Oils (10 ml)

MRP

Lavender

₹ 720

Lemongrass

₹ 296

Lemon

₹ 264

Orange

₹ 280

Bergamot

₹ 820

Price Inclusive of GST

Cedarwood

₹ 264

Peppermint

₹ 288

Eucalyptus

₹ 300

Tea Tree

₹ 290

Rosemary

₹ 364

Citronella

₹ 284

Vetivert

₹ 640

Patchouli

₹ 506

Frankincense

₹ 390

Jasmine

₹ 600

Sandalwood **(5ml)**

₹ 2310

Price Inclusive of GST

Other Kinder Alternatives

MRP

Auroshikha Air Freshener	₹ 280
Auroshikha Freedom Incense	₹ 110
Auroshikha Sandalwood Incense	₹ 164
Auroshikha Resin Incense	₹ 148
Handmade Dish Wash Soaps (100 gm)	₹ 90
Handmade Laundry Soaps (100 gm)	₹ 90
Liquid Detergent Liquid Wash (500 ml)	₹ 120

Price Inclusive of GST

Books

MRP

From Doing to Being (New)	₹ 250
No If's No But's: Dr Vijaya Venkat	₹ 450
An Earthcare Notebook	₹ 500
Milk A Silent Killer: Dr N.K Sharma	₹ 300
Prakrutik Aahar ke Chamatkar (Hindi book)	₹ 100

THAC's Open House DVD's

MRP

Blood The Carrier of Healing Energy	₹ 250
Sugar You Ain't So Sweet	₹ 250
Fat I Am Gainin'g It	₹ 250

Price Inclusive of GST



Pain Management	₹ 250
Drugs & Medicine: Why Do We Fall For It	₹ 250
Nature Vs Nurture	₹ 250
Injury & Healing	₹ 250
Person & Personality	₹ 250
Electromagnetism	₹ 250
Skin the Healing Indicator	₹ 250

Price Inclusive of GST